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**PART I - NOTIFICATIONS BY GOVERNMENT, HEADS OF DEPARTMENTS
AND OTHER OFFICERS**

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NOTIFICATIONS BY GOVERNMENT
HEALTH MEDICAL AND FAMILY WELFARE DEPARTMENT
(E2)

RULES FOR ADMISSION IN ROLLOUT OF MIDWIFERY INITIATIVE IN THE STATE -
PERMISSION TO START 18 MONTHS "POST BASIC DIPLOMA IN NURSE
PRACTITIONER MIDWIFERY" COURSE.

[G.O.Ms.No.205, Health Medical and Family Welfare (E2), 11th August, 2022.]

NOTIFICATION

In exercise of the powers conferred by Section 99 of Andhra Pradesh Education Act, 1982 (Act 1 of 1982) the Government hereby make the following rules for admission into "Post Basic Diploma in Nurse Practitioner in Midwifery" course Nursing Specialty with a duration of 18 months which includes 1 year training followed by 6 months of internship):-

A. Nationality and domicile: The candidates should be Indian National and should satisfy local or the non-local status requirements as the case may be, as laid down in the Andhra Pradesh Educational Institutions (Regulation of Admission) Order, 1974 as amended in G.O (P) No: 648, Education (W) Department, dated:10.07.1979.

B. RULES FOR ROL-OUT OF MIDWIFERY INITIATIVE

The Government of India in their guidelines have prescribed the following training cascade to roll-out of Midwifery initiative in the state so as to improve the quality of care and ensure respectable care to pregnant women and newborns.

- Establishment of State Midwifery Training Institutes (SMTI) at Government Colleges of Nursing.
- Selection of Midwifery Educators by the State Government (6 educators per SMTI).
- Training of Midwifery Educators at National Midwifery Training Institute (NMTI) (6 months).
- Posting of Midwifery Educators at State Midwifery Training Institutes.
- Training of NPM Trainees (in-service Staff Nurses with GNM/B.Sc. (Nursing) qualifications) for eighteen months at State Midwifery Training Institutes by the Midwifery Educators. (The 18 months training includes 1 year training followed by 6 months of internship).
- Deployment of trained NPMs at High load delivery Hospitals which includes DH, MCH centers and AH i.e., at Midwifery Led Care Units (MLCUs).

I. Name of the Diploma course.

"Post Basic Diploma in Nurse Practitioner in Midwifery" course with duration of 18 months (One year training followed by 6 months internship).

II. Establishment of State Midwifery Training Institutes (SMTIs).

- a. The following ten (10) Government Colleges of Nursing in the State are identified to establish as "State Midwifery Training Institute (SMTIs)" in phased manner for conducting the above NPM Diploma Course.

Government College of Nursing, RIMS Srikakulam
 Government College of Nursing, Visakhapatnam
 Government College of Nursing, Machilipatnam
 Government College of Nursing, Guntur
 Government College of Nursing, Nellore
 Government College of Nursing, Kakinada
 Government College of Nursing, Kurnool
 Sri Padmavathamma Government College of Nursing, Tirupati
 Government College of Nursing, Anantapuramu.
 Government College of Nursing, RIMS Kadapa.

- b. The Nurse Practitioner in Midwifery training in 1st phase shall be conducted at Government College of Nursing, Guntur and Government College of Nursing at Tirupati which are identified as State Midwifery Training Institutes.

III. Selection of Midwifery Educators.

- a. Selection of in-service Staff Nurses (Regular only) with M.Sc.(Nursing)/B.Sc.(Nursing) with a minimum of 5 years of clinical experience in maternal care and willing to conduct deliveries as a "Midwifery Educator" for the six months training at National Midwifery Training Institute (NMTI)/Fernandez Foundation at Hyderabad, Telangana State.
- b. Postings shall be issued to the trained in-service Staff Nurses as "Midwifery Educators" at State Midwifery Training Institutes (SMTIs) @ 6 candidates per each Institute after completion of 6 months training for the training of Nurse practitioners in Midwifery.

IV. Selection of NPM Trainees.

- a. Selection of in-service Staff Nurses (Regular and Contractual) for the training of "Post Basic Diploma in Nurse Practitioner in Midwifery" course with duration of 18 months (One year training followed by 6 months internship) @ 30 candidates per batch per centre.
- b. The selected in-service Staff Nurses for the "Midwifery Educators" training and for the "Post Basic Diploma in Nurse Practitioner in Midwifery (NPM)" will draw their salary from their respective place of postings and will be accommodated at respective training institutes during the training period.
- c. An additional stipend / incentive will be provided to Midwifery Educators and NPM trainees during the training as per the guidelines of Government of India.
- d. Postings shall be issued to the trained in-service Staff Nurses as "Midwives" after completion of the training course of "Post Basic Diploma in Nurse Practitioners in Midwifery (NPM)" at selected High load delivery Hospitals which includes District Hospitals, MCH centers and Area Hospitals and Teaching Hospital for setting up the Midwifery Led Care Units (MLCUs).

V. Qualifications and eligibility criteria for the Midwifery trainings.

S No.	Particulars of Training	Duration of Training	Qualification	Eligibility	No. of Seats required	Names of Training Centres
1	Midwifery Educators	6 Months followed by one year onsite mentorship to ensure proficiency of Midwifery educators	M.Sc., / B.Sc (Nursing) candidate with Minimum 5 years of clinical experience in Maternal Care	1. Only Female candidates. 2. Should be a RN&RM. 3. In-service Staff Nurse (Regular only) 4. At least 15 Years left-over service. 5. Age- Should not be more than 45 years.	60 @ 6 Midwifery Educators per each SMTIs	National Midwifery Training Institute
2	Post Basic Diploma in Nurse Practitioner in Midwifery	18 Months (one year training followed by 6 months internship)	GNM (General Nursing and Midwifery) diploma from a rerecognised institutes /B.SC (Nursing) degree from a recognized University with 2 years experience of conducting deliveries	1. Only Female candidates. 2. Should be a RN&RM. 3. In-service Staff Nurse (Regular and Contract) 4. At least 15 Years left-over service. 5. Age- Should not be more than 45 years.	60 Seats for each SMTI	All 10 colleges of Nursing Education

VI. Conducting of Examinations and issue of certificates.

- a. The Director of Medical Education is authorised to take-up admissions to the "Post Basic Diploma in Nurse Practitioners in Midwifery (NPM)" course at the Government Colleges

of Nursing which are identified as State Midwifery Training Institutes and to conduct examinations and issue of diploma certificates.

- b. The Registrar, State Nursing Council is authorised to register the above diploma qualifications for Nurse Midwifery Educators and NPM course as an additional qualifications.

Course Title – Post Basic Diploma in Nurse Practitioner in Midwifery

Course Duration – 18 months

Aim

The aim of Nurse Practitioner in Midwifery program is to prepare a cadre of NPMs who are confident and skilled in accordance to competencies prescribed by the ICM and the Council for providing high quality respectful, dignified, compassionate and evidence based midwifery care to woman, newborn and family and working autonomously with their full scope of practice, as per regulations of the Council/MoH&FW.

Objectives

The program will prepare the NPMs to

- Facilitate a positive childbirth experience for women and their families, placing women at the center of care inclusive of psychosocial, spiritual and cultural background across community settings and within institutions contributing to natural childbirth providing humanized care to improve quality of care.
- Work in partnership with women, families and the other health care team to plan and provide the necessary support, care and advice during pregnancy, labour and the postpartum period up to six weeks.
- Advocate for ethical, compassionate respectful and culturally sensitive care in pregnancy, labour and childbirth, and post-partum, including promoting the woman's autonomy and rights to informed decision making.
- Contribute to reduction of over medicalization of maternity care and reduce impacts of socio-economic inequalities including hard to reach and tribal areas.
- Educate women individually or in groups to have knowledge about family planning, a healthier pregnancy including diet, nutrition, mother baby bonding, breastfeeding support, family integrity and optimal start to life to enhance health and disease prevention.
- To assume responsibility for her own decisions and actions as an autonomous primary maternity care practitioner and lifelong learner.
- Recognize abnormalities and complications and implement appropriate management and care, including managing emergency care and timely referral.
- Draw on research informed/evidence-based knowledge to be an effective problem solver and to think critically and reflect on practice.
- Work within the legal and professional boundaries by understanding their role within the broader healthcare profession and engage inter-professionally; with doctors, nurses, and other health care providers as part of a maternity care team.

The program may be offered at

1. The Government (State/Central/Autonomous) nursing teaching institution offering degree programs in nursing having parent/affiliated Government Hospital facilities of maternity, and neonatal units along with primary, secondary and tertiary health care facilities.

2. The eligible institution shall get recognition from the concerned SNRC for starting the Nurse Practitioner in Midwifery program for the particular academic year, which is a mandatory requirement.
3. The Council will conduct inspection for two consecutive years for continuation of the permission to conduct the program.

Staffing

1. **NMP Faculty:** M.Sc. Nursing with OBG/Paediatrics/Community health nursing specialty with NPM educator training.
2. **Medical Preceptors:** Medical faculty from Obstetrics and Gynaecology, Paediatrics and Public Health with 3 years post PG experience/consultant.
3. **Guest faculty:** NHM/MoH&FW officials/Experts from other fields.

Teacher student ratio – 1:10

Preceptor student ratio – 1:10

No. of seats – Maximum 30 per batch per institute. Two batches per institute.

Physical facilities

1. Classroom – 1
2. Skills/simulation lab– 1 with necessary equipment and supplies.
3. Library – Current nursing textbooks including midwifery, maternal, neonatal & journal (National and International publications), relevant GoI guidelines/modules.
4. Teaching Aids –
 - LCD projector.
 - Screen for projection.
 - Computer.
 - Laptop.
 - Tablet for IT applications (For ex. Safe Delivery App, e-Partograph and other apps).
 - Connectors to project tab screens to external screen.
 - 4 Mbps internet leased line.
5. Office facilities for midwifery educators

Clinical facilities

Minimum Bed strength and other Clinical Facilities:

- 100-200 bedded Parent Hospital having minimum 50 maternity beds or 50 bedded maternity hospital with an established MLCU.
- Labour room as per the LaQshya guidelines of Government of India.
- Minimum 6 labour tables/beds.
- Maternal and neonatal units.
- Case load of minimum 6000 deliveries per year.
- Maternity OT and Obstetric HDU/ICU.
- Separate Kangaroo Mother Care Unit.
- 8-10 level II neonatal beds.
- Affiliated Health Sub-centre, Community Health Centre and Primary Health Centre.
- Referral links to tertiary care hospital.
- Affiliation to Tertiary Hospital – Medical College Hospital.
- Affiliation with level III neonatal beds.

Eligibility for admission

The candidate seeking admission to this program should have the following qualifications:

- Be a RN & RM with Diploma in General Nursing and Midwifery or B.Sc. (Nursing) or above qualification.
- Possess a minimum of two-years of recent clinical experience in the maternity care with passion toward midwifery.
- In-service candidates are eligible for admission and will be receiving their regular salary.
- In-service contractual candidates are also eligible for admission and will be receiving their present salary.
- Age 45 years or younger at the time of admission.

Organisation of the program:**Distribution of the program in weeks (78 weeks):****First 12 months: 52 weeks**

Annual Leave + Casual Leave + Sick Leave + Public holidays = 4 weeks

Exam preparation and examination = 2 weeks

Theory and practicum (Skill Lab & Clinical) = 46 weeks

Next 6 months: 26 weeks of internship

Annual Leave + Casual Leave + Sick Leave + Public holidays = 2 weeks

Exam (competency assessment) = 1 week

Internship experience = 23 weeks

Implementation of the Curriculum**First 12 months (46 weeks)**

Theory Block Classes – 3 weeks × 40 hours per week = 120 hours

Clinical Residency of 43 weeks × 45 hours per week = 1935 hours

Total: 2055 hours

Next 6 months (23 weeks)

Clinical Residency experience: A minimum of 45 hours per week is prescribed, however, it is flexible with different shifts and OFF followed by on call duty every week or fortnight.

Clinical Residency of 23 weeks × 45 hours per week = 1035 hours.

Total: 1035 hours

PROGRAM STRUCTURE

Courses / Modules	Theory (Hrs)	Practicum(Hours)	
		Skills Lab(Hrs)	Clinical (Hrs)
Module I: Foundations to Midwifery	90	20	180
1. Indian Healthcare System & Maternal and Neonatal Health (MNH) scenario in India. 2. Professionalism and professional midwifery practice. 3. Woman centered continuity of midwifery care & respectful maternity and new born care. 4. Humanization of child birth and the impact to communication. 5. Legal issues relevant to midwifery practice. 6. Ethics in midwifery. 7. Education and counseling in midwifery. 8. Community engagement and research informed practice.			
Module II: Normal pregnancy, birth, puerperium and care of newborn	100	40	980
1. Basic Sciences applied to midwifery: Maternal, Fetal and Newborn Physiology, Pharmacology & diagnostics and Infection Control. 2. Normal Pregnancy, Birth and Puerperium 3. Care of the Newborn.			
Module III: Complex Care of woman and care of compromised newborn	40	35	570
1. Perinatal psychological health. 2. Complex care of the woman. 3. Care of the compromised newborn. 4. Healthy families and communities.			
Total Hours: 2055 hours	230	95	1730
Internship:1035 hours	1035 Hours		

EXAMINATION REGULATIONS
SCHEME OF EXAMINATION

Course/Paper	Int. Ass. Marks	Ext. Ass. Marks	Total Marks	Duration (in hours)
A. Theory				
Paper I (Module 1)	25	75	100	3
Paper II (Module 2 &3)	25	75	100	3
Theory Total	50	150	200	

B. Practical				
Midwifery	100	100	200	
Practical Total	100	100	200	
Grand Total	150	250	400	

Examinations: The Theory and practical examination have to be conducted by the Nursing Education Board by Director of Medical Education, Andhra Pradesh.

ELIGIBILITY FOR ADMISSION TO EXAMINATION

- Percentage of attendance in theory and practical before appearing for examination should be 90%.
- Candidate who successfully completes the necessary requirement such as logbook and clinical requirements is eligible and can appear for the final exam.
- However, students should make up 100% of attendance for integrated practice experience and internship in-term of hours and activities before awarding the certificate.

STANDARDS OF PASSING

1. In order to pass a candidates should obtain at least 50% marks separately in internal assessment and external examination in each of the theory practical and papers.
2. Less than 60% is second division
3. 60% and above and below 75% is First division
4. 75% and above is distinction.

SUPPLEMENTARY EXAMINATION

- Failed candidates can appear for the supplementary examination after 6 weeks of the exam failed either theory or practical only.
- Number of attempts – 3.

EXAMINATION PATTERN (Theory & Practical)

Type of Exam	Internal (Formative Assessment)	External (Summative Assessment)
Theory	25 marks (tests, assignments, presentations)	75 marks (10 marks – MCQ, 30 marks – short answers, 35 marks – essay/scenario)
Practical	100 marks (20 for clinical performance + 20 for clinical assignments + 20 for OSCE + 40 for DOP)	100 marks (40 for OCSE + 60 for directly observed practical (DOP))
For practical examination maximum number of students per day = 10 students		

Examiners for Practical examination

- A panel of three examiners: NPM educators–2 (one internal and one external) and medical preceptor–1 (The examiners as well as the medical preceptor must be involved in teaching the program and be familiar with the curriculum).

Qualification of examiners

- NPM educator, M.Sc. OBG nursing with 5 years of teaching and clinical experience after PG/M.Sc. OBG nursing with 5 years of experience as faculty with a minimum of 2 years midwifery clinical working experience.
- Medical faculty/preceptor from Obstetrics and Gynecology, Pediatrics and Public Health with 3 years post PG experience/consultant.

CERTIFICATION

- A. Title – Nurse Practitioner in Midwifery (NPM).
- B. A title is awarded upon successful completion of the prescribed study program, which will state that she/he
- Has completed the prescribed course of Nurse Practitioner in Midwifery program for a period of 18 months.
 - Has completed 90% of the theoretical and 100% of the practical instruction hours before awarding the certificate.
 - Has passed (70% marks both internal and external together) in the theory and practical examination.
- C. Certification will be done by the Examination Boards as approved by the Council. The SNRC will register NPM as an additional qualification.

12. The Commissioner of Health and Family Welfare, Andhra Pradesh, Mangalagiri and Director of Medical Education, Andhra Pradesh, Vijayawada shall take further necessary action accordingly.

M. T. KRISHNA BABU,
Principal Secretary to Government.

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